

## Fatigue Can't Be Ignored—But It Can Be Predicted with Readi

In industries with 24/7 operations, fatigue contributes to over 20% of serious transportation incidents and nearly doubles the risk of workplace injury. A single misjudgment or lapse due to fatigue can result in serious injury, downtime, or worse.

Fatigue is the hidden risk that puts every shift at risk

Over 100 clients worldwide have used Readi to reduce costly fatigue-related incidents, increase worker productivity, and create safer, more productive shifts.

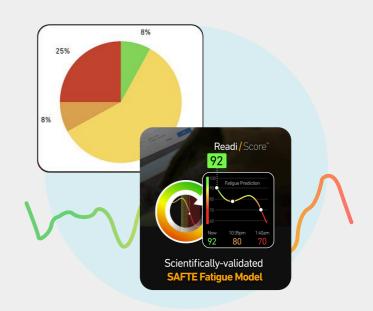
Readi allows your supervisors, operators, and leadership teams to see it coming—and take action before safety or productivity is compromised.

This guide walks through what Readi delivers, how your team will evaluate and seek purchase approval and how we support implementation from start to scale.

#### **About Readi**

Readi is the predictive fatigue risk management platform trusted by safetycritical industry leaders worldwide.

Built on the SAFTE<sup>TM</sup> model, it delivers personalized, hour-by-hour fatigue risk predictions through a combination of wearables and machine learning.



### Who We Serve

Readi helps safety-critical industries predict and prevent fatigue risks before they lead to costly incidents.

#### **SUCCESS STORY**

A Central American mine that implemented Fatigue Science's Readi alongside their existing reactive camera-based system observed a substantial 50% reduction in fatigue alarms generated by the Caterpillar DSS system.

#### Mining Operations

Reduce haul truck accidents, optimize shift schedules, and monitor underground fatigue where cameras can't be used.

#### Transportation & Fleet

Predict driver fatigue, prevent microsleeps, and improve safety decisions

#### **Heavy Machinery**

Reduce operator errors, improve maintenance scheduling, and enhance warehouse safety.

#### **HSE & Safety Teams**

Access real-time fatigue dashboards, compliance reports, and risk trends to prevent workplace injuries.

KINROSS

**THIESS** 

Newmont



GLENCORE

## Why Use Readi?



De-Risk Your Operations & Comply with Safety Regulations



Optimize Shift Schedules for Safer, More Productive Shifts



Improve Performance of In-Cab Cameras and Other Fatigue Technologies & Reduce False Alarms



Reduce Total Lost-Time Incidents by 13% on average



Move to Predictive and Proactive Prevention

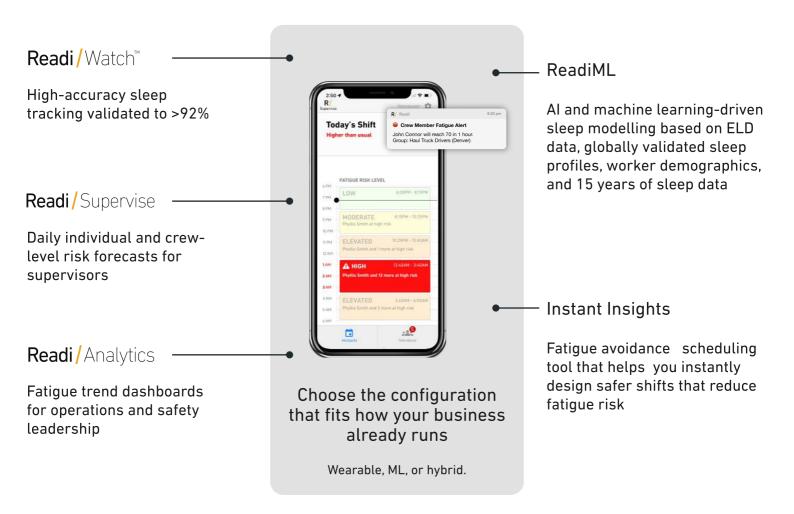


Quantify the Risk of Fatigue-Related Incidents

"Fatigue Science's Readi platform allows us to proactively manage and substantially reduce our fatigue risk every day. We can now pinpoint fatigue hotspots and implement targeted countermeasures tailored to the specific needs of our workers."

## The Readi Fatigue Risk Management System at a Glance





## The Buying Committee: Who Needs to Approve Readi?

Here's what each buying group typically needs:

TIP

You'll need more than the EHS team in the buying committee!

As your trusted advisors, we are here to guide you through the software approval process every step of the way.



IT

Review integrations (Time & Attendance, ELD, FMS), security, and technical support



#### Legal

Analyze SaaS terms, validate union compliance, data retention, and privacy policies



#### Health & Safety

Ensure alignment with safety protocols, supervisor workflows, and KPI frameworks



#### **Supervisors**

Ensure minimal disruption and relevance to daily shift execution



#### **Executives**

Confirm strategic alignment with long-term corporate initiatives and metrics, confirm potential for phased expansion



#### Finance/Procurement

Review licensing, CAPEX/ OPEX, and total cost of ownership



#### **Operations**

Confirm usability, training needs, and impact on shift planning



#### Your Team Responsibilities

Kickoff ✓

✓ Confirm scope, align stakeholders

Deployment

 Distribute devices, manage rosters, onboard team

Midpoint Check-In Provide usage feedback, escalate concerns

Final Review & Next Steps

Evaluate pilot outcomes, recommend next steps with additional phases of Readi deployment

#### Fatigue Science Responsibilities

- Host kickoff call, configure Readi
- ✓ Train supervisors, deploy ReadiWatch and ML setup
- Analyze KPIs, recommend course corrections
- Present disruption analysis and success metrics

### **Defining Success Criteria**

Success should be clear, measurable, and tied to business goals.

#### Behaviour Success Criteria

- √ 80%+ daily supervisor log-in and ReadiScore usage within 30 days
- ✓ Documented countermeasures applied in response to fatigue scores
- Supervisor feedback indicating usefulness and usability

#### Cultural & Change Management Success

- ✓ Field-level endorsement from supervisors and end users
- ✓ Visible support from leadership during pilot and expansion
- ✓ Self-serve reporting adoption by safety/ operations teams

#### TIP

Clear, measurable success criteria help build the internal business case and keep all stakeholders aligned throughout the pilot and rollout phases.

Having well-defined success criteria for your Readi pilot can mean the difference between program success and failure. Consider what you want to achieve and why.

#### Operational Success Criteria

- ✓ Improvement in task planning and break scheduling
- ✓ Fatigue scores used in daily crew briefings

#### **Enterprise Expansion Readiness**

- ✓ Integration with T&A/FMS systems validated
- ✓ Supervisor workflow institutionalized across teams

#### **Examples to Consider**



80%+ supervisor engagement within 30 days



Active usage of dashboards for reporting at the site and leadership levels



Participant feedback indicating increased trust and fatigue awareness



Demonstrated improvement in schedule planning or task reallocation



Change management acceptance from field teams



Supervisor workflow integration without increased administrative burden



Measurable reduction in fatigue-related alarms or safety events



## Readi Pilot & Implementation: What to Expect

### Implementation Checklist with Timeline

#### PILOT SCOPE

3-6 month deployment 100-150 operators 3-10 engaged supervisors

#### Weeks 1-2

- ✓ Project kickoff
- ✓ Define objectives and roles
- ✓ Finalize site configuration and schedules
- ✓ Deploy baseline questionnaire

#### Weeks 2-3

- ✓ ReadiWatch shipping and wearable pairing
- ✓ Supervisor and stakeholder training
- ✓ ML setup and system integration (T&A/roster)

#### Weeks 4-6

- ✓ Active data collection begins
- ✓ Supervisors begin reviewing ReadiScores
- ✓ Weekly Fatigue Science check-ins

#### Week 6

- ✓ Mid-pilot check-in
- ✓ Review KPIs and user feedback
- Adjust configurations or training as needed

#### **Weeks 7-12**

- ✓ Monitor Readi usage and trends
- ✓ Supervisor reminders and refresher coaching
- ✓ Track KPI performance (alarms, actions, engagement) Monitor Supervisor satisfaction

#### Week 12

- ✓ Final evaluation with project team
- ✓ Disruption analysis (if applicable)
- ✓ Expansion decision & rollout plan

#### **Our Support Includes**

- ✓ Supervisor enablement
- ✓ Data integration support
- Weekly touchpoints and KPI tracking
- ✓ Disruption analysis (if applicable)
- ✓ Access to our Technical Support team

#### Pilot Success Indicators

- ✓ Supervisor engagement and ReadiScore visibility
- ✓ Countermeasures documented and repeated
- ✓ Data insights leading to changes in operations
- ✓ Stakeholder consensus to expand
- ✓ Technical feasibility (referring to integrations)

# Integration Support & Timeline

TIP

The best fatigue data is only useful if it leads to action.

### **Integration Timelines**

Fatigue Science integrations are completed with the majority of our customers. Integration timelines vary from customer to customer and are largely impacted by customer resource availability and third-party vendors involved in the process.

### **Key Integration Points**

Time & Attendance (e.g., Workday, Kronos, SAP) ELD systems (e.g., Samsara, Geotab)

## Driving Frontline Adoption

Supervisor adoption is the linchpin of a successful FRMS deployment.

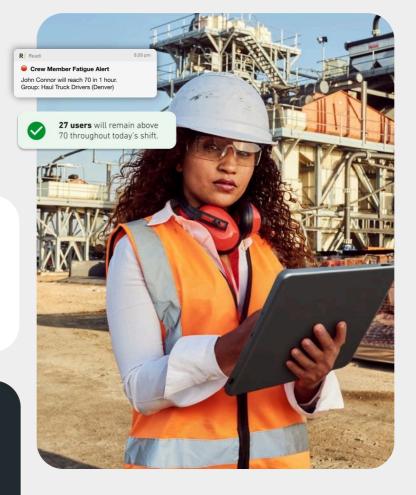
#### **Support Tactics**

- Share early success stories with crews
- Provide mobile-friendly access to dashboards
- Use monthly check-ins to spotlight teams with high usage

#### Support factics

#### What Works

- Embed ReadiScores into daily pre-shift briefings
- Assign fatigue champions on each crew to encourage adoption
- Reinforce countermeasure logging as a required part of safety reporting
- Create friendly competition using dashboards across crews or sites



### Making Fatigue Risk a KPI

Once the Readi system is in use, it's critical to make fatigue a regularly measured and reported part of your operation. This is how you'll create real impact with Readi long term.

TIP

Change management is often the biggest risk to fatigue system adoption. Align supervisors early, create a shared vision of success, and embed fatigue discussions into existing safety processes to accelerate buy-in.

#### Recommended Cadence

- Weekly: Review ReadiScore trends and supervisor countermeasure use within ReadiSupervise
- Monthly: Site-level adoption rates and camera alarm comparisons
- Quarterly: Executive review of fatigue risk trends across sites with ReadiAnalytics

#### Metrics to Track

- Supervisor log-ins per week
- Number of actions/countermeasures logged or scheduled
- Reduction in in-cab fatigue-triggered camera alarms/incidents
- Time spent above fatigue risk thresholds by group or site

Final Readiness Checklist	
Before taking next steps, ensure:	
Fatigue Science and your stakeholders are aligned (IT, Safety, Ops, Legal, Exec)	You have a pilot site and 3–10 committed supervisors
Time & Attendance or roster data is accessible	Internal success criteria are documented
End-user communication plan is in progress	You're ready to participate in weekly reviews with Fatigue Science

## Expansion: What Happens After the Pilot?

A successful Readi pilot should serve as a launchpad for an expansion to more Readi users, departments, and sites.

Here's what typically comes next:

#### **Expansion Best Practices**

- Expand to similar operational groups first
- Establish ownership and internal champions
- Standardize supervisor workflows, operational procedures
- · Layer in fatigue training to reinforce adoption



#### Final Review

- ✓ Disruption analysis (when available a detailed comparison of operational alerts such as fatigue camera alarms or incidents before and during the pilot, to demonstrate whether Readi's predictive capabilities reduced realworld fatigue events)
- Presentation of success metrics to steering committee



#### **Expansion Planning**

- Choose next departments or sites based on leadership strength and operational readiness
- Socialize budget expansion requirements with stakeholders during the pilot process
- Formalize onboarding playbooks and operational procedures
- Prepare IT integrations for additional time and attendance or ELD systems



## Long-Term Program Sustainability

- Quarterly business reviews with your customer success representative
- Refresh training for new supervisors
- Update internal SOPs to include fatigue management actions

## Ready to Take the Next Step with Readi?

Want to see how Readi works in practice?

Request a personalized demo to explore Readi's predictive dashboards, reporting tools, and supervisor workflows firsthand.